

**2019 U.S. Masters Swimming 3000-Yard ePostal National Championship  
Mixed Relays (2 Men, 2 Women)**

Age Group	Place	Club Name	Total Time	First Name	Last Name	Age	Club Abbr.	USMS #	Individual Time	National Record
<b>18+</b>										
	1	Illinois Masters	2:39:03.45	Abigail	Bergman	23	IM	219H-09CWT	0:39:00.99	
				Andrew	Walberer	47	IM	2193-005XM	0:38:17.79	
				Marcia	Cleveland	55	IM	219H-MC944	0:41:53.33	
				Richard	Ruderman	61	IM	210X-09V8K	0:39:51.34	
	2	Palm Beach Masters	3:25:58.00	Liberty	Lyster	22	PBM	509Y-NHGFH	0:43:10.00	
				Laura	Richards	30	PBM	509D-0AK3M	0:43:55.00	
				Domenick	Macri	43	PBM	509M-0B6D0	0:49:50.00	
				Patrick	Cannan	79	PBM	5095-07KE4	1:09:03.00	
<b>25+</b>										
	1	Illinois Masters	2:29:55.04	Madeline	Bruce	25	IM	219P-09DA1	0:38:22.48	
				Mark	Brandt	53	IM	2103-005M4	0:37:11.55	
				Barbara	Zahorik	55	IM	219S-06581	0:37:12.00	
				Andreas	Seibt	61	IM	219T-02VB9	0:37:09.01	
	2	Palm Beach Masters	2:35:39.00	Aly	Paz	26	PBM	509P-B2PP4	0:37:51.00	
				Cameron	Wasko	26	PBM	500F-0A7W2	0:35:27.99	
				Laura	Richards	30	PBM	509D-0AK3M	0:43:55.00	
				Scott	Loder	38	PBM	5001-0A4E9	0:38:25.01	
	3	North Carolina Masters Swimming	2:38:54.74	Kathleen	Pelczynski	34	NCMS	139G-06W4X	0:41:36.83	
				Andrew	Peppercorn	42	NCMS	130K-PEPPY	0:38:15.00	
				Mark	Rubacky	50	NCMS	1395-070MN	0:35:00.50	
				Debbie	Wilson	65	NCMS	139P-02318	0:44:02.41	
	4	Oregon Masters	3:00:12.69	Christopher	Marler	34	OREG	379G-CHTW0	0:42:59.64	
				Meg	Anderson	42	OREG	379G-026J5	0:45:26.00	
				Nick	Holland	44	OREG	379P-0AB3P	0:44:23.00	
				Christine	Hirsch	50	OREG	379W-07MKJ	0:47:24.05	

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				Robert	Malnight	28	MICH	199W-0A264	0:55:40.58	
	5	Michigan Masters	3:06:58.45	Sallie	Bartkowiak	54	MICH	199F-0A1DG	0:41:41.77	
				David	Sebastian	58	MICH	1990-02WHJ	0:39:09.08	
				Maddie	Diedo	61	MICH	199W-028U9	0:50:27.02	
				Aaron	Foreman	27	O*H*	189D-0A8E9	0:38:06.00	
	6	O*H*I*O Masters Swim Club	3:24:31.71	Flavia	Medlin	52	O*H*	189Y-02RHK	1:00:01.77	
				Chuck	Beatty	60	O*H*	189R-085KM	0:39:53.76	
				Susan	Paris	73	O*H*	189W-01WC8	1:06:30.18	
<b>35+</b>										
	1	Sawtooth Masters	2:27:39.34	Kristi	Lee	44	SAWS	599E-01J12	0:38:10.20	
				Brigitta	Gruenberg	40	SAWS	599C-01J0F	0:39:17.17	
				Darin	Lindig	53	SAWS	590F-01J0W	0:36:54.69	
				Jeff	Erwin	55	SAWS	590U-01J0A	0:33:17.28	
	2	Germantown Maryland Masters	2:29:27.75	Lisa	Chin	38	GERM	109M-0757M	0:38:22.27	
				Matthew	Paushter	40	GERM	109Y-01VEN	0:36:07.13	
				Dorota	Hassett	42	GERM	109S-092S5	0:40:19.61	
				Anthony	Higgins	50	GERM	1099-06H9E	0:34:38.74	
				Matt	Miller	42	OREG	379B-1500F	0:35:19.52	
	3	Oregon Masters	2:40:13.14	Anicia	Criscione	46	OREG	379M-EYEEM	0:43:12.35	
				Cheryl	Morgen	50	OREG	379F-026FA	0:42:33.99	
				Eilhard	Lussier	54	OREG	3796-025VX	0:39:07.28	
				Michelle	McRae	44	PSM	3699-04FBZ	0:39:50.20	
	4	Puget Sound Masters	2:42:03.98	Craig	Tavis	49	PSM	369G-7P6XJ	0:47:04.31	
				Tamara	Koppelberger	47	PSM	360C-09UES	0:38:26.56	
				Daniel	Phillips	56	PSM	369J-087PH	0:36:42.91	
				Amanda	Castle	44	IM	210K-062JD	0:44:03.43	
	5	Illinois Masters	2:47:00.70	Leslie	Biegler-Ciaccio	52	IM	210P-0A2JC	0:42:12.40	
				Chris	Layton	60	IM	2195-02VAE	0:40:41.08	
				Phil	Dodson	66	IM	219K-02UY2	0:40:03.79	

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<b>45+</b>										
	1	Oregon Masters	2:29:47.33	Kurt	Grote	46	OREG	3797-082KF	0:33:27.80	
				Jayna	Tomac	47	OREG	379X-05EJN	0:39:45.50	
				Scot	Sullivan	53	OREG	370M-003C6	0:34:50.03	
				Gillian	Salton	51	OREG	3700-05G96	0:41:44.00	
				Robert	Rozema	48	MICH	1998-0AM7G	0:48:11.05	
	2	Michigan Masters	2:59:28.92	Sallie	Bartkowiak	54	MICH	199F-0A1DG	0:41:41.77	
				David	Sebastian	58	MICH	1990-02WHJ	0:39:09.08	
				Maddie	Diedo	61	MICH	199W-028U9	0:50:27.02	
				Megyn	Taback	46	PBM	500E-0A04H	0:45:56.00	
	3	Palm Beach Masters	3:13:55.99	Jeanne	Danford	56	PBM	509W-028BV	0:43:52.00	
				Mike	Taber	62	PBM	509A-01MDG	0:54:03.99	
				James	Purdy	67	PBM	500Z-027Y5	0:50:04.00	
<b>55+</b>										
	1	Oregon Masters	2:39:49.52	Patrick	Allender	61	OREG	379B-025Y4	0:38:44.20	
				Colette	Crabbe	63	OREG	379H-02645	0:39:48.33	
				Donald	Uhlir	62	OREG	379P-0059P	0:41:26.00	
				Stephanie	Martin	60	OREG	379V-01P7F	0:39:50.99	
				Charlotte	Petersen	55	SPM	149Z-02RF8	0:36:04.73	
	2	St Pete Masters Inc	2:42:44.74	Michael	Zabel	59	SPM	1405-H8F4F	0:41:48.00	
				Sharon	Steinmann	61	SPM	1494-02RG3	0:42:40.01	
				Stephan	Freeman	63	SPM	149E-02REX	0:42:12.00	
				Thomas	Jones	55	PBM	509M-02JJH	0:42:56.01	
	3	Palm Beach Masters	2:53:42.00	Tamara	Burton	61	PBM	5099-099CG	0:42:37.00	
				Ed	Pritchard	63	PBM	5098-02S1Z	0:45:53.00	
				Darcy	LaFountain	64	PBM	5090-0212Z	0:42:15.99	

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65+	4	Binghamton Univ Masters	3:20:07.63	John	West	58	BUMS	040P-01XD9	0:46:56.03	
				Anne	McGuigan	58	BUMS	0491-07S1F	0:49:57.50	
				Charlotte	Kramer	65	BUMS	049F-0926U	0:53:49.00	
				Jack	Cothren	70	BUMS	049E-02ZMJ	0:49:25.10	
	5	New England Masters Swim Club	3:25:36.76	Alp	Dedeoglu	57	NEM	029S-084WE	0:55:43.00	
				John	Melczer	55	NEM	020K-035R1	0:50:00.00	
				Margaret	Haskins	61	NEM	020A-05UC8	0:47:03.70	
				Paula	Yankauskas	65	NEM	0299-WOWSA	0:52:50.06	
	6	Binghamton Univ Masters	3:37:46.11	Tamara	Nist	58	BUMS	0492-0AFZT	0:54:01.00	
				Donna	West	58	BUMS	040V-07JRG	0:54:25.51	
				Kevin	Mcguigan	59	BUMS	0494-07S1H	0:55:27.60	
				Robert	Hopkins	63	BUMS	049Z-09BRA	0:53:52.00	
65+	1	Palm Beach Masters	3:00:08.98	Catherine	Rust	66	PBM	5096-06WNH	0:42:46.99	
				Joan	Craffey	66	PBM	509D-06MBR	0:45:31.00	
				David	Quiggin	75	PBM	509F-01PH6	0:41:59.99	
				David	Putnam	75	PBM	509H-076J4	0:49:51.00	
	2	Oregon Masters	3:19:09.59	Beth	Brenner	66	OREG	3706-0031D	0:54:00.00	
				Dan	Kirkland	71	OREG	379A-069B3	0:37:16.82	
				Bob	Bruce	71	OREG	3793-025YX	0:40:32.77	
				Judy	Ziemer	75	OREG	379H-026R8	1:07:20.00	